Bring this page along on your next visit to your local farmers market. Hunt for yummy treasures on this scavenger hunt list. Make a check mark in the space next to each item you find!

**Farmers Market Scavenger Hunt**

A **BREAKFAST** ingredient

A food that grows **UNDERGROUND**

A food that grows on a **TREE**

A food that grows on a **VINE**

The **BIGGEST** veggie at the market

The **TINIEST** veggie at the market

A vendor selling **JAM** or **HONEY**

A vendor with a **TASTING SAMPLE**

5 **GREEN** foods

2 different **RED** fruits

A food with **LEAVES YOU CAN EAT**

A **FRUIT** you’ve never tried

A **VEGGIE** you’ve never tried

A **DINNER** ingredient

A **DESSERT** ingredient

A tasty **BAKED GOOD**

A **FUNNY SHAPED** fruit or veggie

A food with **SEEDS YOU CAN EAT**

Illustrations by Alyssa Nassner
When you go to a farmers market, buy and eat as many colorful fruits and veggies as you can. Each color provides different vitamins and nutrients that help your eyes, hair, skin, and body grow strong!

**Eat a Rainbow!**

How many colors have you tried?